



Michael Kinsella played 166 official games for VEC Football Club in the 9 seasons between 2015 and 2024, scoring 29 goals along the way.



- **Mick** made his debut for VEC FC on 12<sup>th</sup> September 2015, playing in the 5-0 win over St. Mary's in the UCFL Premier Division in Terenure.
- In just his first season 2015-2016, he was a key member of the squad in that remarkable and historic season where VEC were **quadruple** winners, winning the UCFL Premier Division, Challenge Cup, Richard Knight Cup and Barton Shield. **Mick** played in 26 of those 37 games!
- Then, in addition to winning the UCFL Premier Division in the 2016-2017 season, **Mick** was in the double-winning squad that won the UCFL Premier Division and the Challenge Cup in 2018-2019.
- **Mick** was also on the VEC FC team that – for the first time in the Club's history – reached Round 7 (last-16) of the FAI Junior Cup, eventually succumbing 2-0 to a good Boyle Celtic team in Roscommon in February 2017.
- Two years later, he was again on the VEC FC team that cruised into the last-16 (round 7) of the FAI Junior Cup for the 2nd time in 3 seasons. Sadly, a trip to face Kilkenny powerhouse side Evergreen in their own backyard was our downfall as VEC FC lost 3-1.

In summary, **Mick's** haul of silverware in his 9 seasons with **VEC FC** reads as follows:

- 3 x UCFL Premier Division Winners' medals: 2015-2016; 2016-2017 & 2018-2019
- 2 x UCFL Challenge Cup Winners' medals: 2015-2016 (*Beating South William Street Celtic 4-1 in Home Farm*) and 2018-2019 (*Beating Drumcondra AFC 6-3 in the Oscar Traynor Centre in Coolock*).
- 1 x Richard Knight Cup Winners' medal: 2015-2016 (*Beating FC Sportslink Ailesbury 5-1 in VEC Terenure*).
- 2 x UCFL Barton Shield Winners' medals: 2015-2016 (*Beating AGP FC on penalties in VEC Terenure*) and 2019-2020 (*Beating Coolock FC on penalties in VEC Terenure*).
- 2 x UCFL Premier Division runners-up medals: 2017-2018 & 2019-2020
- 1 x Richard Knight runners-up medal: 2017-2018 (*Losing in extra time to Harding IF at FAI HQ in Abbotstown*).
- 1 x UCFL Barton Shield runners-up medal: 2018-2019 (*Losing 0-1 to Harding IF in VEC Terenure*)

It was an honour for the Club that **Mick** was selected and played for the UCFL League Team on 5 occasions: playing in Oscar Traynor Trophy games against the Defence Forces and the AUL in 2016-17; against the Leinster Senior League and the Defence Forces again in 2018-19 and against the Kildare & District League in 2019-20.



The great VEC FC players who played the most games alongside **Mick** in those 6 seasons:

Séamus STAUNTON, Pat MEGHEN, Gavin MURPHY, Joey BYRNE, Rob NEWE, Raimonds JAUDZEMS, Aidan HYLAND, Neal BRESLIN, James McGAURAN, Richie HANNIFY, Anto DUNNE, Jack NOLAN, Conall O'SHAUGHNESSY, Jeff De CASTRO, Pete O'BRIEN, Tom WRYNNE, Oisín KINSELLA, Carl O'GORMAN, Jordon HOWARD, Neill LOVE, Killian FINLAY, Steve QUIN, Dani GONZALEZ, Alan KEANE, Andy MYLER, Dan SMYTH, Davy FREWEN, Paul O'SULLIVAN.

And the managers over those 6 seasons: Dave SPRING, Kev O'HANLON, Simon ROCHE, Carl O'GORMAN.



Clockwise from top left: Cup match against Tallaght Utd. / FAI Junior Cup match against Glin Rovers / In VEC Champions vs VEC Legends match / Against Liberties FC / Playing for UCFL.

